

# Dr Marie Stopes:

Pioneer of Sex Education  
and Family Planning

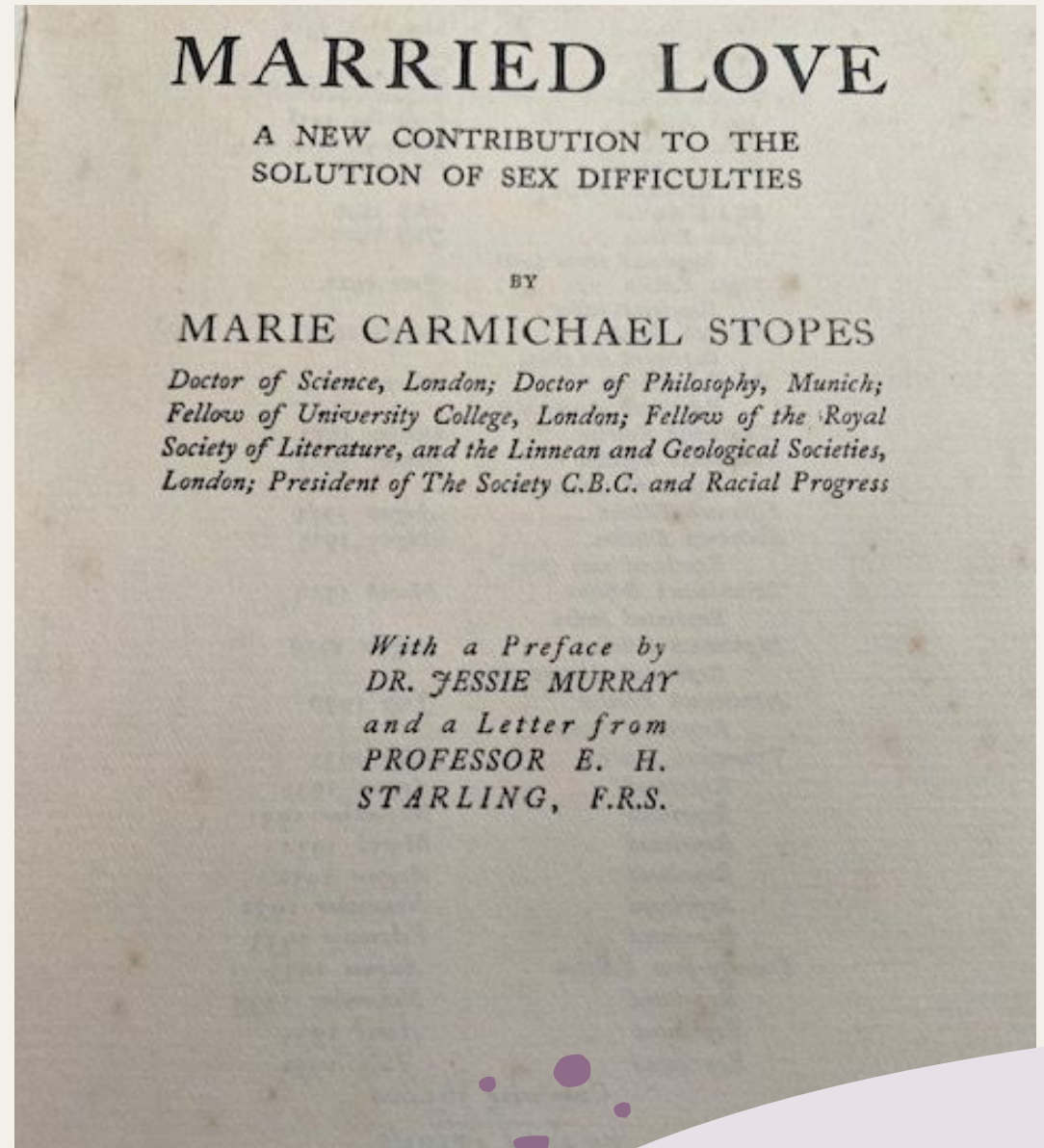
Presented by Dr Aine McCoy



*First Book printed in*  
**1978**

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The Cover



LETTER FROM PROFESSOR E. H. STARLING,  
C.M.G., M.D., B.S., F.R.S.

PROFESSOR OF PHYSIOLOGY, UNIVERSITY OF LONDON

UNIVERSITY COLLEGE,  
GOWER STREET, LONDON, W.C.

November 23, 1917.

Dear Dr. Stopes,

The need of such guidance as you give is very evident. After all, instinct in man is all insufficient to determine social behaviour, and there is need of instruction in the highest of physiological functions, that of reproduction, as there is in the lower functions of eating and drinking—the only difference being that in the former, instruction can be deferred to a later age. And there is no doubt that in this case it is better to acquire knowledge by instruction than by a type of experience which is nearly always sordid and may be fraught with danger to the health of the individual and of the family.

At the present time it is of vital importance to the State that its marriages should be fruitful—in children, happiness, and efficiency (and all three are closely connected).

If your book helps in securing this object, your trouble will not have been in vain.

Believe me,

Yours very truly,

ERNEST H. STARLING.

Author's Preface  
to the Twenty-first Edition

**I**N the years since this book was first published I have had the pleasure of seeing its title become a phrase so interwoven into our language that even Bishops opposing me use it themselves: and also the great reward of finding even my opponents using my very phrases to express with approval the ideas for which I fought and suffered.

Individuals write to me from the ends of the earth, and societies embodying my teaching are springing up all over the world; I am glad, for happy married pairs are the only stable units of society.

M. C. S.

NORBURY PARK, 1933.

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When knowledge and love together go to the making of each marriage, the joy of *that new unit, the pair* will reach from the physical foundations of its bodies to the heavens where its head is crowned with stars.



# A LETTER TO WORKING MOTHERS

On How to Have Healthy Children  
and Avoid Weakening Pregnancies.

BY  
MARIE CARMICHAEL STOPES

*Doctor of Science, Doctor of Philosophy, etc.*

Author of "MARRIED LOVE"  
and "WISE PARENTHOOD."

*Published by the Author at*  
Elmer, Leatherhead, Surrey.

1919

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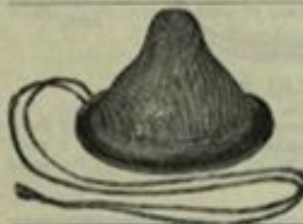
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OVERSEAS EDITION  
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Marie Stopes House





# Enduring Passion

Further New Contributions to  
the Solution of Sex Difficulties  
being the continuation of  
*Married Love*

BY

Marie Carmichael Stopes

*Doctor of Science, London; Doctor of Philosophy, Munich;  
Fellow of University College, London; Fellow of the Royal  
Society of Literature, and of the Linnean and Geological  
Societies, London*

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INCLUDING ALL PRESCRIPTIONS

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